

# Asian Women's Group - Kushi

14  
Mar

⌚ 10AM to 12PM

📍 Riverside Family Hub, West Dean, Off Ray Mill Road West . [View map](#)

A support group for Asian women to help them develop and prosper, it aims to change their outlook and understand their situation better.

The programme 'Seven habits of successful people' incorporated within the group helps women cultivate positive habits with the aim of becoming successful and independent, thus improving family relationships and family life. It also includes stress management and personal development regime

Free Creche Available

## Organiser and Contact Details

### Organiser

Arifa Naeem

### Email Address

[Arifa.Naeem@achievingforchildren.org.uk](mailto:Arifa.Naeem@achievingforchildren.org.uk)

### Phone

01628 685630

## Event Repeats

### Repeats

This event repeats on the following dates:

- 14Mar
- 21Mar
- 28Mar
- 4Apr
- 11Apr
- 18Apr
- 25Apr
- 2May

## Accessibility

### Accessible building

Yes

### Accessible toilets

Yes

### Please enter any further details about your accessibility / specialist support

Creche available

## Event reminders

You can send yourself a reminder email three days prior to events taking place. 'Asian Women's Group - Kushi' is taking place on 14 March 2024.

## Location Map

Top 📍