Asian Women's Group - Kushi

19 Mar

⊙ 10AM to 12PM

♀ Windsor Family Hub, Alma Road. View map

A support group for Asian women to help them develop and prosper, it aims to change their outlook and understand their situation better.

The programme 'Seven habits of successful people' incorporated within the group helps women cultivate positive habits with the aim of becoming successful and independent, thus improving family relationships and family life. It also includes stress management and personal development regime Free Creche Available

Organiser and Contact Details

Organiser

Arifa Naeem

Email Address

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Phone

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Event Repeats

Repeats

This event repeats on the following dates:

- 19Mar
- 26Mar
- 2Apr
- 9Apr
- 16Apr
- 23Apr
- 30Apr7May

Accessibility

Accessible building

Yes

Accessible toilets

Yes

Please enter any further details about your accessibility / specialist support

Creche available

We can remind you about this event

Please create an account or login to set up reminders for this event.

Location Map

Top 🔕