

COVID 19 - Due to the current requirement for social isolation all planned events have been cancelled or postponed. Once the situation has eased we will be displaying community events as normal.

Have a Go Taster Sessions

17
Jun

🕒 All Day

📍 SportsAble, Braywick Park, Braywick Road. [View map](#)

Are there any disability sports you would love to try – well now you can!

The SportsAble Sports Development Officers are starting a new Monday taster session from 9:30am to 10:30am. It is a fun and friendly opportunity to socialise, and take part in a variety of sports here at SportsAble.

Each week there will be something different to try, and if there is a particular sport you would like to have a go at – just let the team know! These might include short tennis, Boccia, table tennis and adaptive athletics (athlefit) to name a few.

This session is open to members and non-members.

If you aren't a member, the first session is FREE, but we just ask that you email sportsdevelopmentofficers@sportsable.co.uk to register your interest.

Basic Details

Age of Users

All Ages

Organiser and Contact Details

Organiser

SportsAble

Email Address

sportsdevelopmentofficers@sportsable.co.uk

Phone

01628 627690

Website

<http://www.sportsable.co.uk>

Costs

Costs

If it is your first time visiting SportsAble your sports session will be FREE! After your first visit, we will discuss our annual membership with you which is currently £75 – just £6.25 per month. For this you can try every sport that we offer!

Event Repeats

Repeats

This event repeats on the following dates:

- 28Sep
- 5Oct
- 12Oct
- 19Oct
- 26Oct
- 2Nov
- 9Nov
- 16Nov

Opening Times

Days and times of activity / opening

Monday from 09:30 to 10:30 have a go at different disability sports

Accessibility

Accessible building

Yes

Accessible toilets

Yes

Please describe how accessible the toilet area is for example is it a 'Changing Places' accessible toilet, does it have changing facilities, hoists etc

We are a disability sports charity with more than 40 years' experience in catering to the needs of people living with disability. Every area of our club has been designed to be accessible.

Parking facilities

Yes

Staff have specialist training

Yes

Please enter any further details about your accessibility / specialist support

We are a disability sports charity with more than 40 years' experience in catering to the needs of people living with disability. Our coaches are qualified and experienced in delivering sport to a wide spectrum of physical and sensorial disabilities.

Who to contact for more information about inclusion and accessibility

Name

Sports Development Officers

Email Address

sportsdevelopmentofficers@sportsable.co.uk

Telephone No.

01628 627690

Event reminders

You can send yourself a reminder email three days prior to events taking place. 'Have a Go Taster Sessions' took place on 17 June 2019.

Location Map