

COVID 19 - Due to the current requirement for social isolation all planned events have been cancelled or postponed. Once the situation has eased we will be displaying community events as normal.

Creative Therapies Group

19

Jun

⌚ 9.30AM to 11.30AM

📍 SportsAble, Braywick Park, Braywick Road. [View map](#)

Tracey Worsfold, of Cookham, will be helping the group of beginner-to-intermediate artists and crafters every Wednesday morning from 9.30-11.30am. Her plan is to work with each person with their own individual projects, rather than teach a group a certain task or skill each week. "My aim is to offer support to each person and help them with whatever they choose to do," she begins. "For example, one person wants to make Christmas cards, another wants someone to go with her on a photography walk and another just needs advice and tips on how to draw with chalk. "Whatever they choose to work on I am really pleased to be able to help and look forward to getting involved in different projects and opening the group up to more people." Tracey has a degree in illustration from Brighton University and is interested in Portraiture, Architecture, Life drawing, Printmaking and Mosaics. "I love to use all different types of media and materials so even if you haven't thought about art as a hobby before I am sure we can find something that you will enjoy doing that may really surprise you." I am really excited to bring my experience and interests in all type of art to SportsAble, and hopefully, with everyone's help, create a really interesting class. Please come along for a cup of tea and biscuits, a chat and let's get creative!

Basic Details

Age of Users

All Ages

Organiser and Contact Details

Organiser

SportsAble

Email Address

sportsdevelopmentofficers@sportsable.co.uk

Phone

01628 627690

Website

<http://www.sportsable.co.uk>

Costs

Costs

If this is your first visit to SportsAble, the first session is free! Just please ensure you have notified our Sports Team by emailing sportsdevelopmentofficers@sportsable.co.uk. This way we can ensure the session is suitable for you and inform the team that you are visiting for the first time. After your first session we will discuss our annual membership which is £75 a year or £6.25 a month. This membership fee gives you access to all the sports and recreational sessions we run.

Event Repeats

Repeats

This event repeats on the following dates:

- 30Sep
- 7Oct
- 14Oct
- 21Oct
- 28Oct
- 4Nov
- 11Nov
- 18Nov

Opening Times

Days and times of activity / opening

Wednesday

from 09:30

to 11:30

Accessibility

Accessible building

Yes

Accessible toilets

Yes

Please describe how accessible the toilet area is for example is it a 'Changing Places' accessible toilet, does it have changing facilities, hoists etc

SportsAble is a purpose-built facility for people living with disabilities. Every areas of the venue is fully-accessible and our team has more than 40 years' experience meeting the needs of people living with disability.

Parking facilities

Yes

Dietary needs catered for

Yes

Staff have specialist training

Yes

Please enter any further details about your accessibility / specialist support

SportsAble has been catering for the needs of people living with disabilities for more than 40 years. We pride ourselves on having a time of qualified and experienced staff who understand a wide spectrum of disabilities.

Taking Part

How can a child or young person with SEND take part in this activity

We think the first time a child or young person visits SportsAble they should have a positive experience. That is why we ask parents/carers to get in touch before their first visit by emailing sportsdevelopmentofficers@sportsable.co.uk or calling 01628 627690. We can then have a chat about the young person's needs to ensure the session is suitable and their first visit to SportsAble is a positive experience. We believe that being active is very important to overall health and well-being and a positive first experience will help to encourage regular involvement.

Who to contact for more information about inclusion and accessibility

Name

Sports Development Officers

Email Address

sportsdevelopmentofficers@sportsable.co.uk

Telephone No.

01628 627690

Event reminders

You can send yourself a reminder email three days prior to events taking place. 'Creative Therapies Group' took place on 19 June 2019.

Location Map