

Junior Disability Swimming

19
Jun

🕒 4.45PM to 6.15PM

📍 Newlands Girls School, Farm Road. [View map](#)

SportsAble runs its Junior Disability Swimming sessions at Newlands' Pool. It offers disabled access to changing rooms, toilet, changing tables and poolside. Hoist on poolside and shower chair. These sessions are for 5 – 14 year olds and take place on a Thursday: first session is 4.45 – 5.30pm, second session 5:30 - 6:15pm, term-time only. We have the pool to ourselves and offer different levels of swimming, from movement in the water, learning to swim, improving strokes or proceeding on to disability swimming competitions. Section leader Chris Humphris has a wealth of experience working with disabled swimmers and Sharon Bridge, our swimming instructor, has in addition trained to run deaf-friendly swimming lessons and has experience working with children and adults with visual impairments. On hand each week are a team of fantastic volunteers and volunteer lifeguards. They are fully trained and know how to support people in the water, encourage them, make them welcome and most importantly make the sessions fun for everyone.

Basic Details

Age of Users

From 5 To 14

Organiser and Contact Details

Organiser

SportsAble

Email Address

sportsdevelopmentofficers@sportsable.co.uk

Phone

01628 627690

Website

<http://www.sportsable.co.uk>

Costs

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Your first visit to SportsAble sports sessions is free! Just please ensure you have notified our Sports Team by emailing sportsdevelopmentofficers@sportsable.co.uk. This way we can ensure the session is suitable for you and inform the team that you are visiting for the first time. After your first session we will discuss our annual membership which is £75 a year or £6.25 a month. This membership fee gives you access to all the sports and recreational sessions we run.

Event Repeats

Repeats

This event repeats on the following dates:

- 26Sep
- 3Oct
- 10Oct
- 17Oct
- 24Oct
- 31Oct
- 7Nov
- 14Nov

Opening Times

Days and times of activity / opening

Thursday

from 16:45

to 18:15

Accessibility

Accessible building

Yes

Accessible toilets

Yes

Please describe how accessible the toilet area is for example is it a 'Changing Places' accessible toilet, does it have changing facilities, hoists etc

SportsAble is a purpose-built facility for people living with disabilities. Every areas of the venue is fully-accessible and our team has more than 40 years' experience meeting the needs of people living with disability.

Parking facilities

Yes

Dietary needs catered for

Yes

Staff have specialist training

Yes

Please enter any further details about your accessibility / specialist support

SportsAble has been catering for the needs of people living with disabilities for more than 40 years. We pride ourselves on having a time of qualified and experienced staff who understand a wide spectrum of disabilities.

Taking Part

How can a child or young person with SEND take part in this activity

We think the first time a child or young person visits SportsAble they should have a positive experience. That is why we ask parents/carers to get in touch before their first visit by emailing sportsdevelopmentofficers@sportsable.co.uk or calling 01628 627690. We can then have a chat about the young person's needs to ensure the session is suitable and their first visit to SportsAble is a positive experience. We believe that being active is very important to overall health and well-being and a positive first experience will help to encourage regular involvement.

Who to contact for more information about inclusion and accessibility

Name

Sports Development Officers

Email Address

sportsdevelopmentofficers@sportsable.co.uk

Telephone No.

01628 627690

Event reminders

You can send yourself a reminder email three days prior to events taking place. 'Junior Disability Swimming' took place on 19 June 2019.

Location Map