

COVID 19 - Due to the current requirement for social isolation all planned events have been cancelled or postponed. Once the situation has eased we will be displaying community events as normal.

ADHD Parenting Support and Skills Group (CAMHS) – The Incredible Years

10

Sep

⌚ 6.30PM to 8.30PM

📍 Fir Tree House, Upton Park Hospital, Albert Street. [View map](#)

A 12 week programme of two hour sessions. With individual phone calls/ face to face contact throughout the course to support individual progress.

The overall aims of this programme are as follows:

To provide a fun and safe environment where parents can share their parenting experiences and learn from each other

To enable parents to create positive relationships within their family

Parents will learn skills to support their child's development of social, emotional and problem solving skills.

To create positive change and decrease negative behaviours.

Finding individualised solutions that work for your family.

To create a friendly support network which will continue after our course

For parents of children 6-12 years who are open to CAMHS. This is the treatment course recommended by NICE guidelines as a first line intervention following diagnosis - so is great for all parents whose children have either a diagnosis of ADHD or are awaiting assessment.

Please Note: This is an evidenced based programme so parents are expected to commit to the full 12 weeks in order for it to be effective, as each session is aimed to address specific issues in a timely way. Assessments are conducted prior to the programme to start to identify parents individual goals and what they want to achieve through the programme. This ensures that certain aspects of the course can be tailored to meet the specific needs of each parent.

Organiser and Contact Details

Organiser

CYPF

Email Address

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Phone

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Costs

Costs

FREE

Event Repeats

Repeats

This event repeats on the following dates:

- 8Dec
- 15Dec
- 22Dec
- 29Dec
- 5Jan
- 12Jan
- 19Jan
- 26Jan

Event reminders

You can send yourself a reminder email three days prior to events taking place. 'ADHD Parenting Support and Skills Group (CAMHS) – The Incredible Years' took place on 10 September 2019.

Location Map