

# Autism Berkshire - SocialEyes courses for adults aged 18+ to develop social skills and understanding Sessions take place on a Monday evening, weekly 6pm-8pm

18  
Mar

⌚ 6PM to 8PM

📍 Langley College, Station Road. [View map](#)

This free course for adults on the autism spectrum, aged 18 or over, helps to develop social skills and understanding.

Socialeyes was developed by the National Autistic Society in conjunction with people with autism and Asperger syndrome and leading professionals in the field.

Socialeyes does not ask people on the autism spectrum to change 'inappropriate' social behaviour or to acquire social skills by copying the 'typical' behaviour of others. Instead, it gives people the option of learning social interaction skills or alternative social strategies.

It focuses on eight social skills that people on the autism spectrum can have difficulty with, including starting and ending a conversation, body language and facial expressions, eye contact and personal space.

The course is made up of weekly two-hour workshops, running over eight weeks in the evening.

Socialeyes and Independent Living courses, funded by the Heathrow Community Fund and by the Education & Skills funding Agency/European Social Fund, are held at venues in Langley and Maidenhead.

For more information about forthcoming courses and to book a place, call 01189 594 594 or email [admin@autismberkshire.org.uk](mailto:admin@autismberkshire.org.uk)

## Organiser and Contact Details

### Organiser

Georgie Mitchell

### Email Address

[admin@autismberkshire.org.uk](mailto:admin@autismberkshire.org.uk)

### Phone

01189 594 594

### Website

[https://www.autismberkshire.org.uk/community-learning-for-autistic-adu ...](https://www.autismberkshire.org.uk/community-learning-for-autistic-adu...)

## Costs

### Costs

Participants must be registered in advance

## Event Repeats

### Repeats

This event repeats on the following dates:

- 18Mar
- 25Mar
- 1Apr
- 8Apr
- 15Apr
- 22Apr
- 29Apr
- 6May

## We can remind you about this event

Please create an account or login to set up reminders for this event.

# Location Map

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