

Staines and Windsor Martial Arts Karate (SAWMAK)

02
Mar

⌚ 1PM to 2PM
📍 Windsor Leisure Centre, Stovell Road. [View map](#)

Martial arts class, based on fairly traditional sports style Japanese karate but more modern and no Japanese terminology! This class is for ages 6 and above, including teenagers and adults. (There is a class for secondary school children and adults in Egham on Mondays). For very young children we require a parent to be present or very close by. Many parents train alongside their children, this is not obligatory, but is particularly helpful for very young students. The class is not aimed specifically at children with special needs, but they are certainly very welcome to try and see if the class suits them and we have done this several times in the past.

Basic Details

Age of Users

From 6 To 99

Organiser and Contact Details

Organiser

Sensei Paul Crawshaw

Email Address

paul@crawshaw.eu

Phone

07775777889

Website

<https://www.sawmak.co.uk/>

Costs

Costs

Club membership is £20 per month. Students, after their introductory period, require a karate suit and belt, mitts and leg protectors and a license at additional cost. Gradings and special events also incur additional charges

Event Repeats

Repeats

This event repeats on the following dates:

- 2Mar
- 9Mar
- 16Mar
- 23Mar
- 30Mar
- 6Apr
- 13Apr
- 20Apr

Opening Times

Days and times of activity / opening

Saturday from 13.00 to 14.00

Accessibility

Accessible building

N/A

Accessible toilets

N/A

Parking facilities

Yes

Dietary needs catered for

N/A

Staff have specialist training

N/A

Please enter any further details about your accessibility / specialist support

The building is easily accessible, but the class is held in a studio on the first floor, accessible only by stairs

We can remind you about this event

Please create an account or login to set up reminders for this event.

Location Map

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