

COVID 19 - Due to the current requirement for social isolation all planned events have been cancelled or postponed. Once the situation has eased we will be displaying community events as normal.

Asian Women's Group - Kushi

13

Jun

⌚ 10AM to 12PM

📍 Riverside Children's Centre, West Dean, Off Ray Mill Road West . [View map](#)

A support group for Asian women to help them develop and prosper, it aims to change their outlook and understand their situation better.

The programme 'Seven habits of successful people' incorporated within the group helps women cultivate positive habits with the aim of becoming successful and independent, thus improving family relationships and family life. It also includes stress management and personal development regime

Free Creche Available

Organiser and Contact Details

Organiser

Arifa Naeem

Email Address

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Phone

01628 685630

Event Repeats

Repeats

This event repeats on the following dates:

- 28Oct
- 4Nov
- 11Nov
- 18Nov
- 25Nov
- 2Dec
- 9Dec
- 16Dec

Accessibility

Accessible building

Yes

Accessible toilets

Yes

Please enter any further details about your accessibility / specialist support

Creche available

Event reminders

You can send yourself a reminder email three days prior to events taking place. 'Asian Women's Group - Kushi' took place on 13 June 2019.

Location Map