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Riding for the Disabled Association

Organisation Details

Description of activity

Riding for Disabled Association (RDA) is dedicated to improving the lives of people with disabilities, through the provision of opportunities for horse riding and/or carriage driving. RDA groups enable people to improve their health and wellbeing, delivering a real and lasting therapy that not only benefits mobility and co-ordination, but encourages confidence and self worth whilst having fun.

The Southern Region covers Berkshire, Buckinghamshire, Hampshire and Oxfordshire and we have 49 groups within those counties.

It is run from a number of sites in Berkshire - click on the web link for the full list.

Berkshire College of Agriculture

Contact: Sue Gallagher

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Windsor & Ascot Driving (for adults)

Contact: Mrs Sally Merrick

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Disclaimer

For a provision to be funded by the Local Authority, a child or young person will need to meet eligibility criteria and an assessment of need will be carried out to identify if provision is required.